

Backreaction from non-conformal fields in de Sitter spacetime

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Work in collaboration with Guillem Pérez-Nadal and Enric Verdaguer

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Outline

1. Introduction

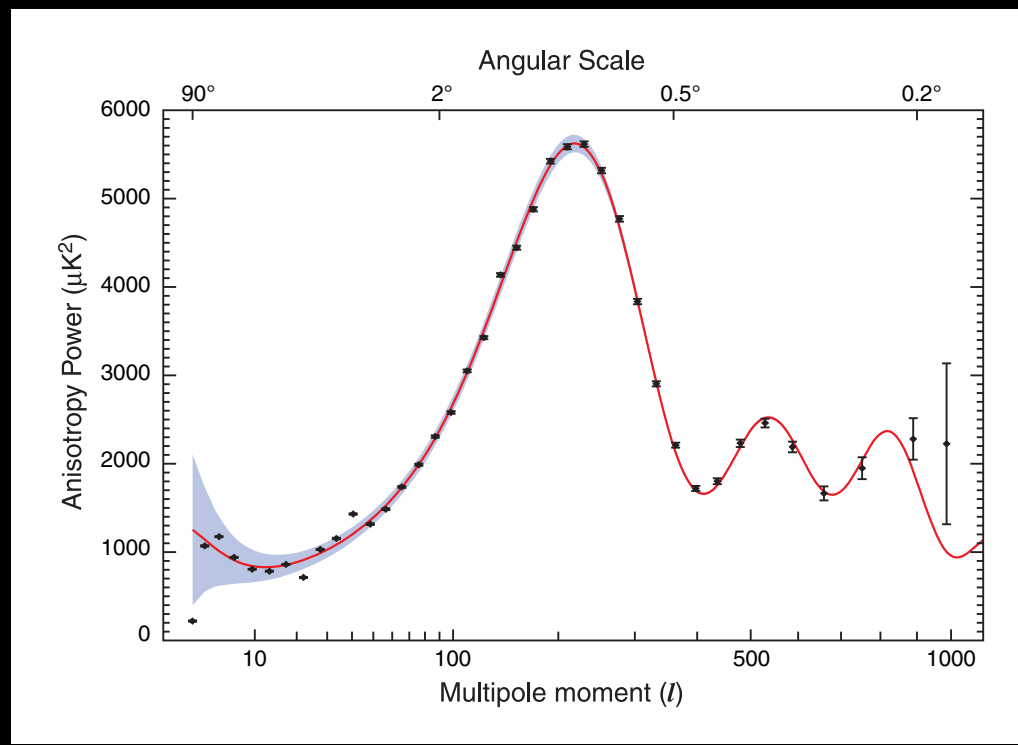
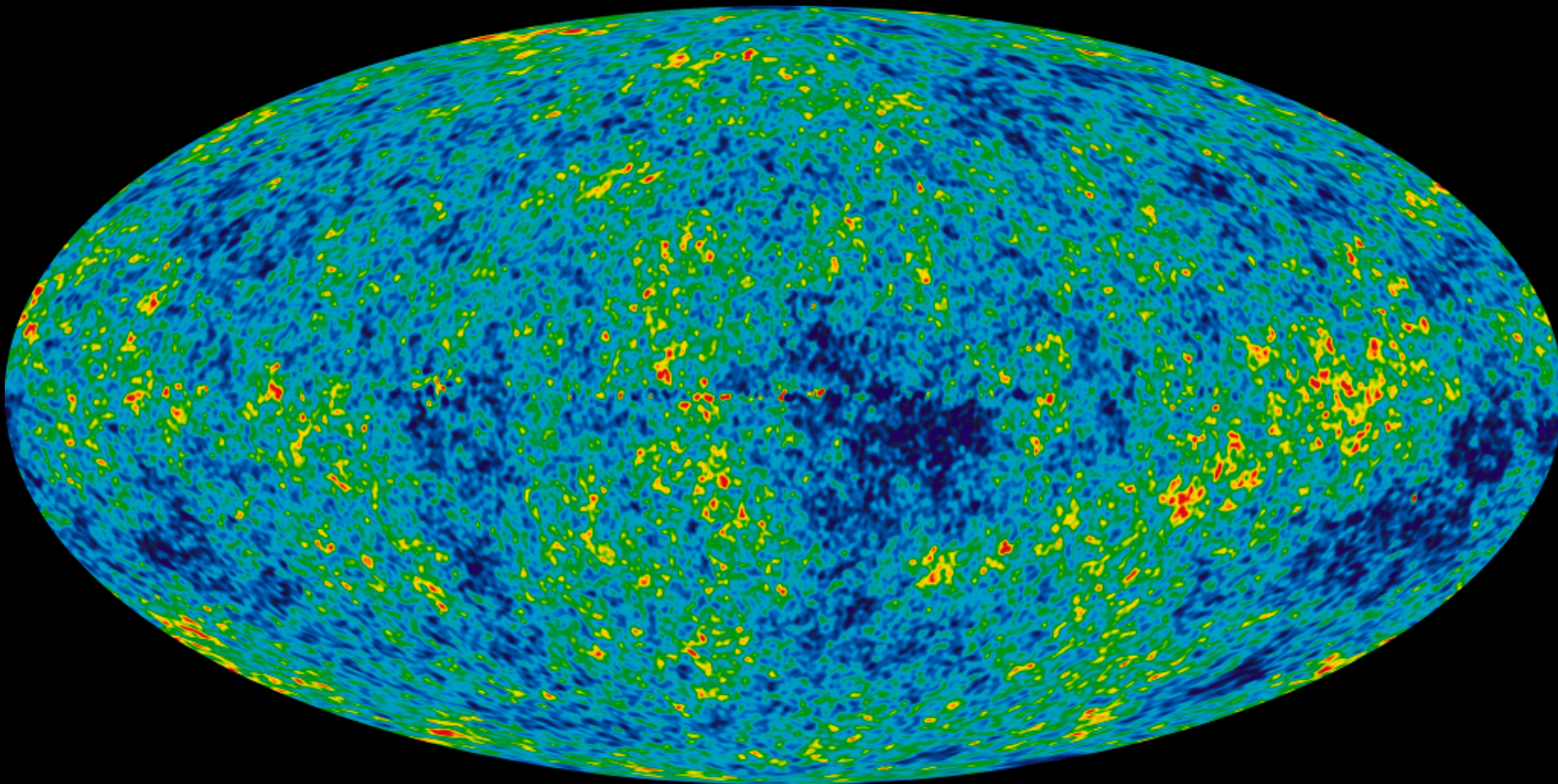
2. *Stability* of de Sitter spacetime under isotropic perturbations: *weakly non-conformal* fields

3. *Strongly non-conformal* fields (large mass) and RG running cosmological constant

4. Conclusions

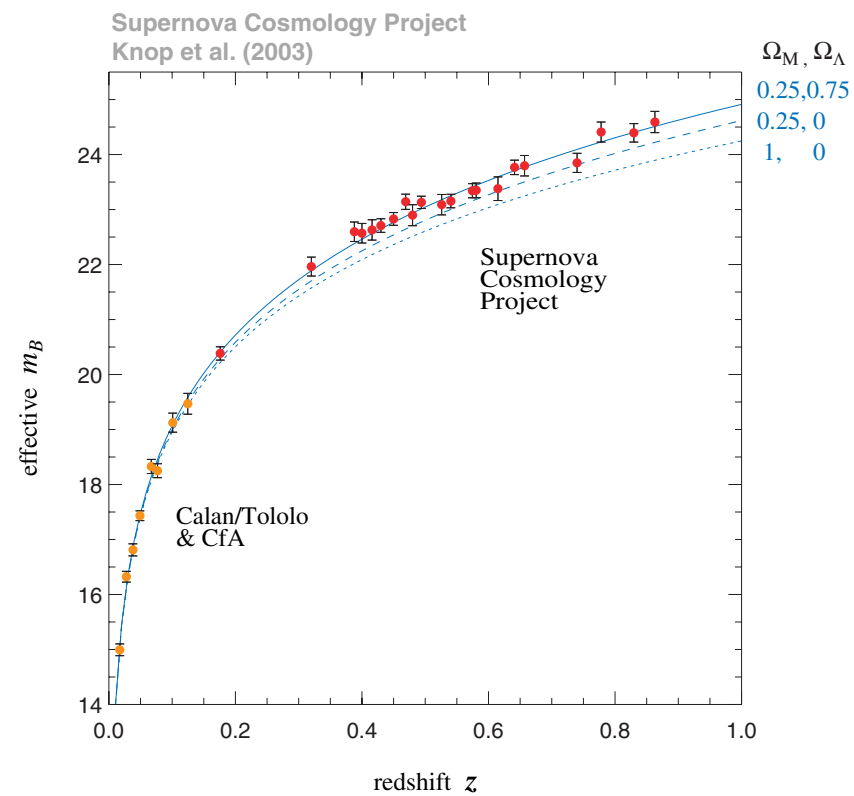
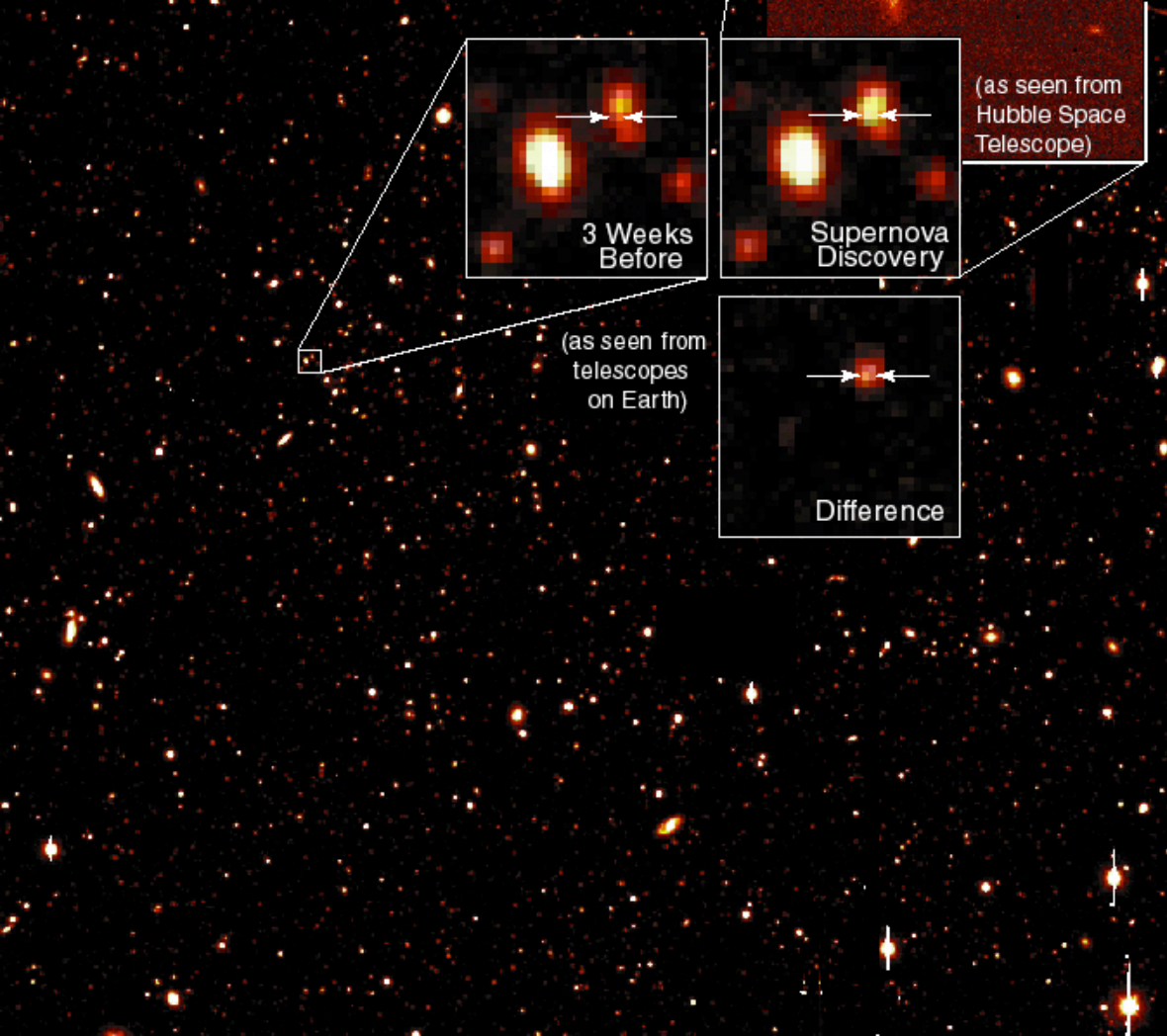
Introduction

- Some key elements in our present understanding of cosmology:
 - ▶ **inflation** (predictions for CMB anisotropies & large scale structure formation)
 - ▶ present **accelerated expansion** (possibly due to Λ)
- Physics of **de Sitter** spacetime may be crucial to understand the **early universe** and its **ultimate fate**.



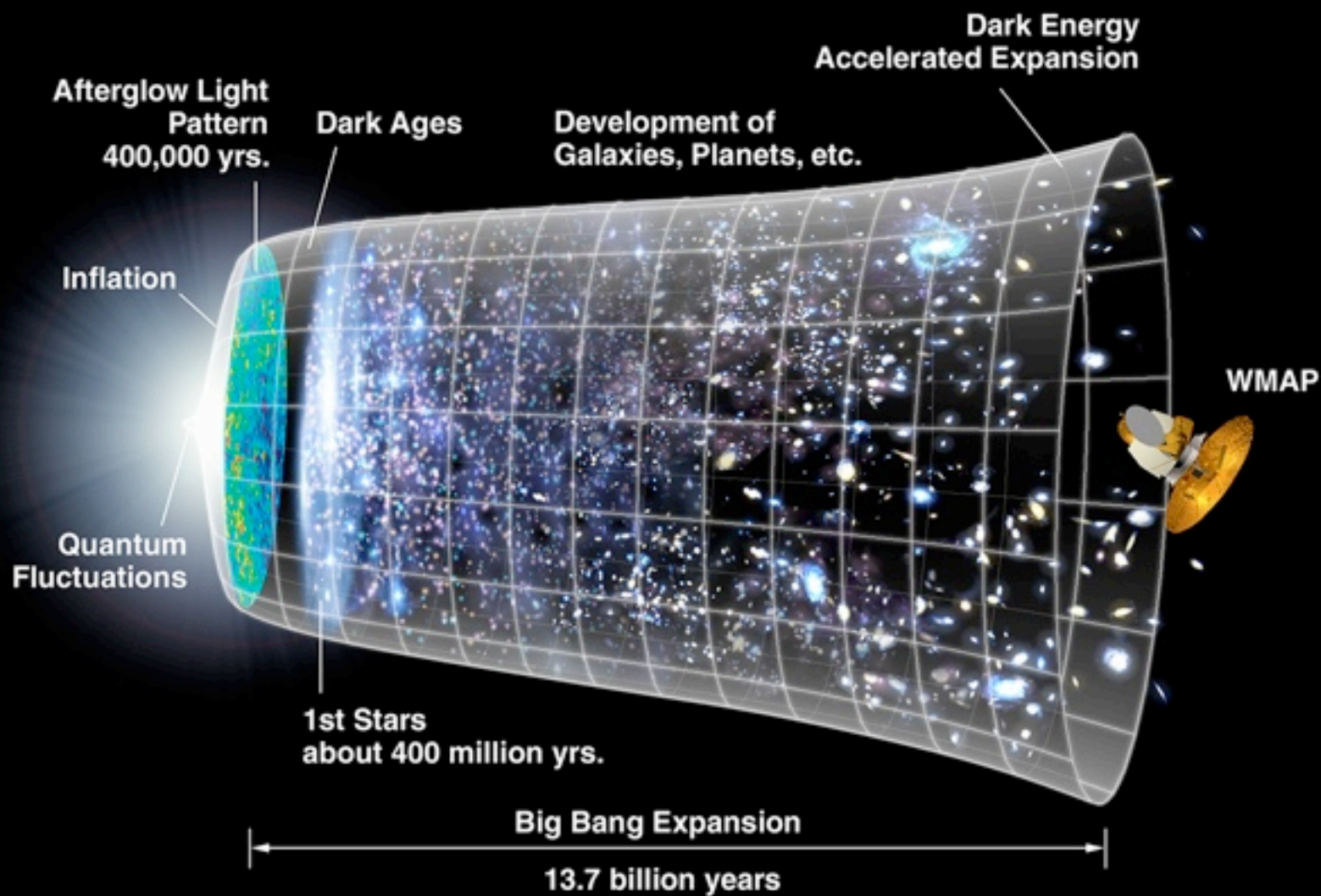
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- Study the *backreaction* on the evolution of the background spacetime due to **quantum effects**.

- **Low-energy EFT** approach to QG ($L \gg l_p$).

Quantization of the metric perturbations around a mean field background geometry.

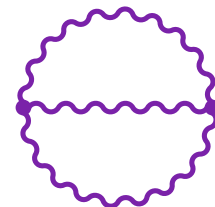
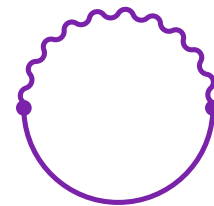
- **Secular screening** of Λ :

- ▶ in *chaotic inflationary* models

Mukhanov, Brandenberger, Abramo;
Abramo, Woodard; Losic, Unruh

- ▶ in *pure gravity*

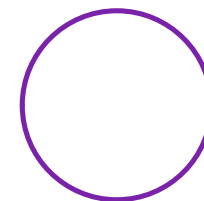
Tsamis & Woodard



- Quantization of metric perturbations
→ **ambiguities** unless *diffeomorph.-invariant observables* are considered.
- Gauge-invariant measure of the expansion rate → is secular screening a **gauge artifact?**
 - ▶ *chaotic inflation* Abramo & Woodard
 - ▶ *pure gravity (?)* Garriga & Tanaka
Tsamis & Woodard

- Interesting quantum effects have been suggested where the **quantization** of **metric** perturbations is **not essential** \rightarrow no *gauge ambiguities*.
- *Starobinsky inflation*: $\Lambda = 0$, entirely driven by the vacuum polarization (**trace anomaly**) of a large number of **conformal** fields. Starobinsky

$$\langle \hat{T}_a^a[g] \rangle_{\text{ren}} = \alpha E + \beta \square R + \gamma C^{abcd} C_{abcd}$$



BUT it involves scales where the *EFT* breaks down (details of *UV completion* would be needed).

- Significant deviations from de Sitter due to weakly **non-conformal** fields (large *IR* effects):

- ▶ **non-local** terms associated with *massless* fields

$$\ln(k^2 / \mu_0^2)]$$

Espriu, Multamäki, Vagenas; Cabrer, Espriu

- ▶ **local** terms associated with (light) *massive* fields

$$m^4 a^4(\eta) \ln a(\eta) \quad \text{vs.} \quad m^4 a^4(\eta)$$

Shapiro, Solà

- **RG running** of Λ in the decoupling regime ($m \gg H$).

Shapiro, Solà, et al.

Stability of de Sitter spacetime: weakly non-conformal fields

- **de Sitter** \rightarrow maximally symmetric spacetime

$$ds^2 = -dt^2 + e^{2Ht} \delta_{ij} dx^i dx^j = (1/H\eta)^2 (-d\eta^2 + \delta_{ij} dx^i dx^j)$$

- QFT on a *fixed* de Sitter spacetime:
Bunch-Davies vacuum (Hadamard, dS invariant)

$$\left\langle \hat{T}_{ab}[g] \right\rangle_{\text{ren}} = C g_{ab} \quad C = \text{ctnt.}$$

- For any isotropic **regular** initial state (finite high-frequency excitations) at **late times**

$$\left\langle \hat{T}_{ab}[g] \right\rangle_{\text{ren}} \rightarrow C g_{ab}$$

Anderson et al.

- Including the back reaction on the **mean geometry** self-consistently (*semiclassical gravity*):

$$G_{ab}[g] = \kappa \left\langle \hat{T}_{ab}[g] \right\rangle_{\text{ren}} - \Lambda g_{ab} \quad \kappa = \frac{8\pi}{m_p^2}$$

- de Sitter + *BD* vacuum \rightarrow *self-consistent* solution
- **RW** geometries: $ds^2 = a^2(\eta)(-d\eta^2 + \delta_{ij}dx^i dx^j)$
- Consider different **isotropic** initial states at η_i . Does the solution tend *asymptotically* to the self-consistent one?

CTP effective action

- **Expectation** values (rather than transition matrix elements) obtained from the **CTP** effective action:

$$\begin{aligned} e^{i\Gamma_{\text{CTP}}[g,g']} &= \langle \Psi_0 | \hat{U}^\dagger(\eta_f, \eta_i; g') \hat{U}(\eta_f, \eta_i; g) | \Psi_0 \rangle \\ &= \int \mathcal{D}\phi_f \int_{\phi_i(\vec{x})}^{\phi_f(\vec{x})} \mathcal{D}\phi \Psi_0[\phi_i(\vec{x})] e^{iS_g[g] + iS_m[\phi, g]} \int_{\phi_i'(\vec{x})}^{\phi_f(\vec{x})} \mathcal{D}\phi' \Psi_0^*[\phi_i'(\vec{x})] e^{-iS_g[g'] - iS_m[\phi', g']} \end{aligned}$$

$$S_g[g] = \frac{1}{2\kappa} \int_M d^4x \sqrt{-g} (R - 2\Lambda) + S_{\text{div}}[g]$$

$$\Gamma_{\text{CTP}}[g, g'] = S_g^{(\text{ren})}[g] - S_g^{(\text{ren})}[g'] + \Gamma_m^{(\text{ren})}[g, g']$$

RG invariant (μ -independent)

- $\langle \hat{T}_{ab}[g] \rangle_{\text{ren}}$ can be obtained from $\Gamma_{\text{m}}^{(\text{ren})}[g, g']$:

$$T_{ab}[g, \phi] = -\frac{2}{\sqrt{-g}} \frac{\delta S_{\text{m}}[g, \phi]}{\delta g^{ab}}$$

$$\left\langle \hat{T}_{ab}[g] \right\rangle_{\text{ren}} = -\frac{2}{\sqrt{-g}} \left. \delta \Gamma_{\text{m}}^{(\text{ren})}[g, g'] / \delta g^{ab} \right|_{g'=g}$$

- Similarly, from $\left. \delta \Gamma_{\text{CTP}}^{(\text{ren})}[g, g'] / \delta g^{ab} \right|_{g'=g} = 0$ one gets the *semiclassical Einstein* equation:

$$G_{ab}[g] = \kappa \left\langle \hat{T}_{ab}[g] \right\rangle_{\text{ren}} - \Lambda g_{ab}$$

Our model

- **Weakly** non-conformal field: $\nu = (\xi - 1/6)$ $\begin{matrix} m/H \ll 1 \\ \nu \ll 1 \end{matrix}$

$$S_m[g] = -\frac{1}{2} \int_M d^4x \sqrt{-g} (g^{ab} \nabla_a \phi \nabla_b \phi + m^2 \phi^2 + \xi R \phi^2)$$

- **Conformal** transformation \rightarrow flat space calculation

$$g_{ab} \rightarrow a^{-2}(\eta) g_{ab} = \eta_{ab} \quad \phi(x) \rightarrow \varphi(x) = a(\eta) \phi(x)$$

- $\Gamma_m^{(\text{ren})}[g, g']$ for $m = 0$, $\xi = 1/6$ is **invariant** up to local terms corresponding to the *trace anomaly*.

$$S_{\text{div}}[\Omega^2 g] \neq S_{\text{div}}[g]$$

- *Massless free field in flat space* with

$$S_{\text{int}} = -\frac{V}{2} \int_{\eta_i}^{\eta} d\eta' a^2(\eta') \left(m^2 + \nu R(\eta') \right) |\varphi_k(\eta')|^2$$

- **Perturbative** treatment of m and ν .
- *Exact* result for $\Gamma_m^{(\text{ren})}[a, a']$ through quadratic order in m and ν .
- “Dressed” **initial state** at $\eta = \eta_i$:

$$|\Psi_0\rangle = \hat{U}_{a_\Psi}(\eta_i, -\infty) |0, -\infty\rangle$$

determined by the auxiliary scale factor a_Ψ for $\eta_i > \eta' > -\infty$

$$a_\psi(\eta') \rightarrow 0 \quad \text{when} \quad \eta' \rightarrow -\infty$$

smooth matching at η_i

Back-reaction equations

- Equation for the **trace**: $\cdot \equiv \frac{d}{d\eta}$
$$\left. \frac{\delta \Gamma_{\text{CTP}}^{(\text{ren})}[a, a']}{\delta a} \right|_{a'=a} = 0 \quad \rightarrow \quad -6 \frac{\ddot{a}}{a^3} = G_{\mu}^{\mu} = \kappa \langle \hat{T}_{\mu}^{\mu} \rangle_{\text{ren}} - 4\Lambda$$

- Friedmann** equation:

$$3 (\dot{a}/a)^2 = G_{00} = \kappa \langle \hat{T}_{00} \rangle_{\text{ren}} + \Lambda$$

- Relation between $\langle \hat{T}_{\mu}^{\mu} \rangle_{\text{ren}}$ and $\langle \hat{T}_{00} \rangle_{\text{ren}}$:

$$\langle \hat{T}_{tt}(\eta) \rangle = a^{-2}(\eta) \langle \hat{T}_{00}(\eta) \rangle = -\frac{1}{a^4(\eta)} \int_{-\infty}^{\eta} d\eta' a^3 \dot{a} \langle \hat{T}_{\mu}^{\mu} \rangle$$

The solutions

- **Perturbative** expansion in $(l_p H)^2$: $H = \sqrt{\Lambda/3}$
- General solution for **arbitrary** times: $\epsilon_i^2 = \nu^2, m^2, \nu m$

$$a(\eta) = -\frac{1}{\tilde{H}\eta} + \sum_i \epsilon_i^2 f_i(\eta) (l_p H)^2 + O((l_p H)^4) \quad \begin{matrix} f_i(\eta) \rightarrow 0 \\ \eta \rightarrow 0 \end{matrix}$$

- Tends **asymptotically** to the *self-consistent* solution

$$a(\eta) = -\frac{1}{\tilde{H}\eta} \quad \tilde{H} = H \left[1 + (l_p H)^2 \left(\frac{1}{720\pi} + \sum_i A_i \epsilon_i^2 \right) \right]$$

Discussion

- **Semiclassical** dS solution \rightarrow *small* correction and *stable* (no large *IR* effects).

- Qualitative explanation:

- ▶ **massless** case \rightarrow power suppression

$$\omega^2 \left[1 + b \left(\omega^2 / m_p^2 \right) \ln \left(\omega^2 / \mu_0^2 \right) \right]$$

- ▶ (light) **massive** case \rightarrow cancellation

$$m^4 a^2 \left[2 \ln a - \ln \left(\square / \mu_0^2 \right) \right] a^2$$

Strongly non-conformal (large mass) regime

- For $m \gg H \rightarrow$ **adiabatic** expansion in $1/m^{2n}$.

Schwinger-DeWitt \rightarrow local *curvature* expansion
(for the ground state)

- Result can be anticipated (up to dimensionless coeffs.) using low-energy **EFT** arguments based on *symmetries* and *power counting*:

$$\Gamma[g] = \int d^4x \sqrt{-g} [a m^4 + b m^2 R + c R^2 + d C_{abcd} C^{abcd} + O(1/m^2)]$$

- **Excited** state \rightarrow perfect fluid + vacuum
- *Local* effective action independent of μ .
- **Constant** renormalization of $1/G$ and Λ (and coeffs. of R^2 , $C^{abcd}C_{abcd}$).
- No effect from the **quadratic terms** on *small* perturbations around dS .
- **Higher-order** terms even more suppressed ($H^2/m^2 \ll 1$).

Conclusions

- Explicit calculation of *l*-loop effective action for weakly non-conformal fields in a RW metric.
- Backreaction on a Λ -driven spacetime:
 - ▶ crucial cancellation between *local* and *nonlocal* contrib.
 - ▶ self-consistent de Sitter solution (very small correction to Λ)
 - ▶ stable: all other solutions tend to it at late times.
- Effect of strongly non-conformal fields (large mass): constant renormalization of Λ and G .

Future directions

- Anisotropic and **inhomogenous** perturbations.
- Include *quantum* **metric fluctuations** (inhomog.)
Significant **backreaction** effect?
- *Large* **fluctuations** \rightarrow *breakdown* of **mean field** approximation.